



Family Activity Book





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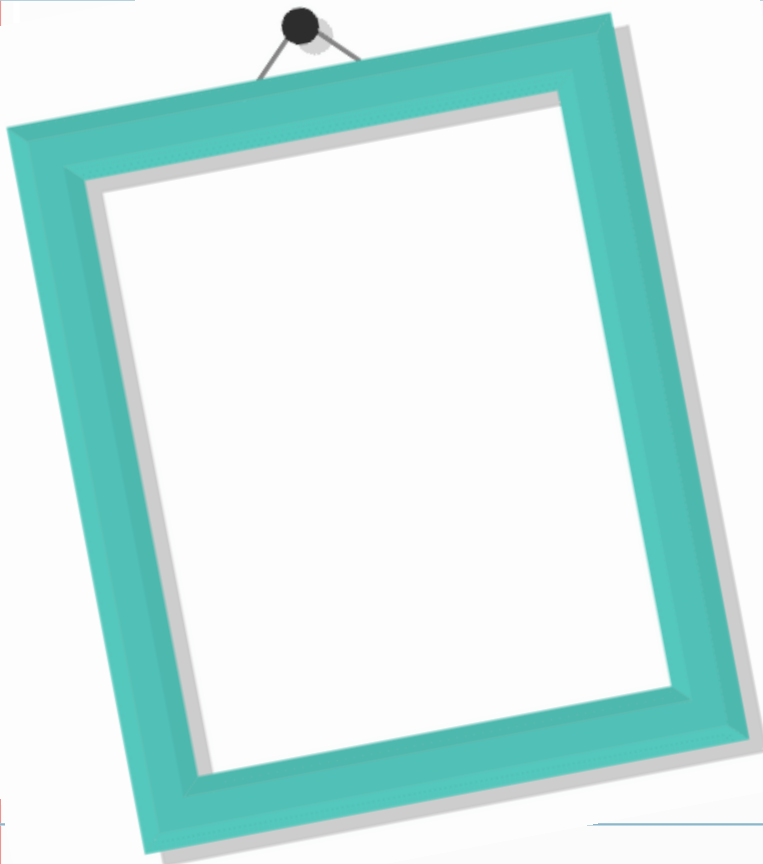
Who are you?

Name:

Age:

Favourite colour:

What I like doing:



Draw a picture
yourself here!



An Activity a Day

Cut these out and pop them in a jar or glass, each day you can pull one out for you and your family to do together!

Make a den or cave inside.	Sort your toys into two groups, 'my favourites' and 'ready for a new home'.	Have a birthday party for your favourite toy.	Make a treasure hunt inside or in the garden. Write down clues!	Make a family tree, get creative with your paints!
Rock painting - find a cool rock and give it a fun face!	Make a miniature garden either outside or in a shoebox. You can collect things on your walks.	Have an indoor fashion show or show and tell.	Put on a play of your favourite story book.	Make yourself into a superhero, think of your new super name and power - maybe make a mask too!
Create a memory box or time capsule. Write down all the things you've been doing at home to read when you're older.	Make a scrapbook!	Model your family out of playdough or lego.	DIY bowling, use empty milk/juice cartons.	Make up a song or poem about your family.
Use items that are recyclable to make a castle!	Write a letter to a pensioner and post it. They would love to hear what you've been up to!	Make a necklace out of pasta, you can paint the pasta too and use string or floss to tie it together.	Make instruments from your recyclables and start a band - remember to name your band!	Make up a secret handshake.
Press some flowers you've found on your walks as memories.	Make a collage of pictures from magazines or newspapers.	Make sock puppets with an odd sock that's lost its partner.	Have a dance party!	Have a movie night together - with popcorn!



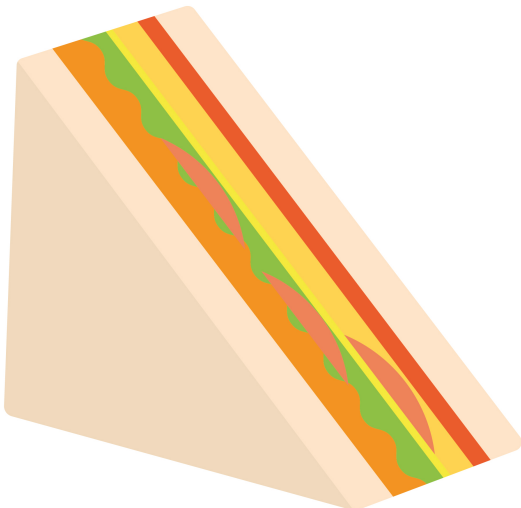
Drawing & Colouring

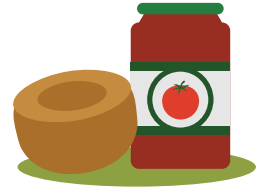
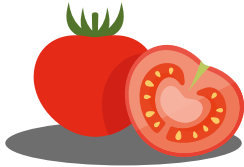
Can you draw one of our lorries here?





Draw your favourite sandwich!





Draw your favourite foods!



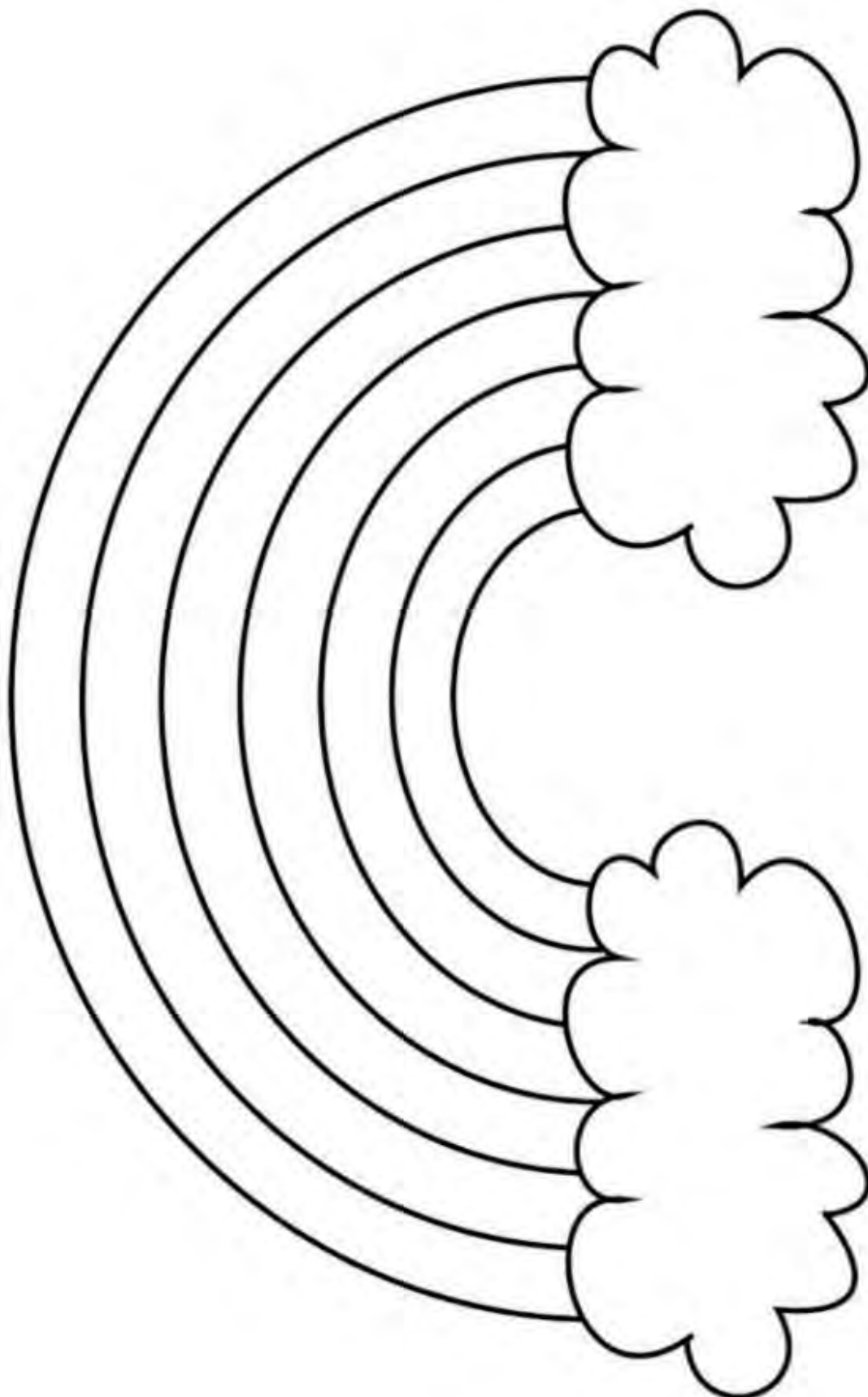
HOPPY
EAS+er!





A rainbow to brighten up someone's day

Join other children worldwide and colour in this rainbow to put in your window, to brighten up someone's day.



A Message of Hope

Draw a picture to put in your window for our key workers to thank them for their hard work!



Puzzles

Sudoku

1				9			7	2
2				8				9
	3		7					
	4		6					
		5				3		
					7		9	
					2		5	
7				6				8
9	6			3				1

The aim of Sudoku is to complete a 9x9 grid with numbers 1 to 9. Each row, column and 3x3 subgrid should only have the same number once.

8	7	6	9					
	1				6			
	4		3		5	8		
4						2	1	
	9		5					
	5			4		3		6
	2	9						8
		4	6	9		1	7	3
					1			4



Word Search

Can you find some of the products we make in the word search?

S	L	A	E	M	D	E	R	A	P	E	R	P	R
E	S	K	S	S	S	S	W	U	P	H	U	S	S
P	D	P	D	R	E	Y	P	W	E	T	O	D	A
A	D	A	A	P	L	E	P	H	S	H	P	L	N
S	S	Y	L	I	K	A	S	S	E	P	S	K	D
T	W	M	A	D	C	A	H	E	I	S	L	S	W
A	R	H	S	D	I	P	A	R	S	E	S	R	I
S	A	T	E	E	P	C	K	E	S	S	P	A	C
A	P	A	I	H	S	U	S	D	D	O	I	E	H
U	S	I	E	C	S	S	W	E	S	E	U	S	E
C	E	R	P	S	I	K	R	O	M	E	A	P	S
E	S	A	K	S	L	P	A	E	S	P	E	O	S
Y	O	R	K	S	H	I	R	E	P	U	D	S	E
I	A	P	D	E	L	I	P	O	T	S	E	P	I

Pasta Sauce
Prepared Meals
Pickles

Sushi
sandwiches
Wraps

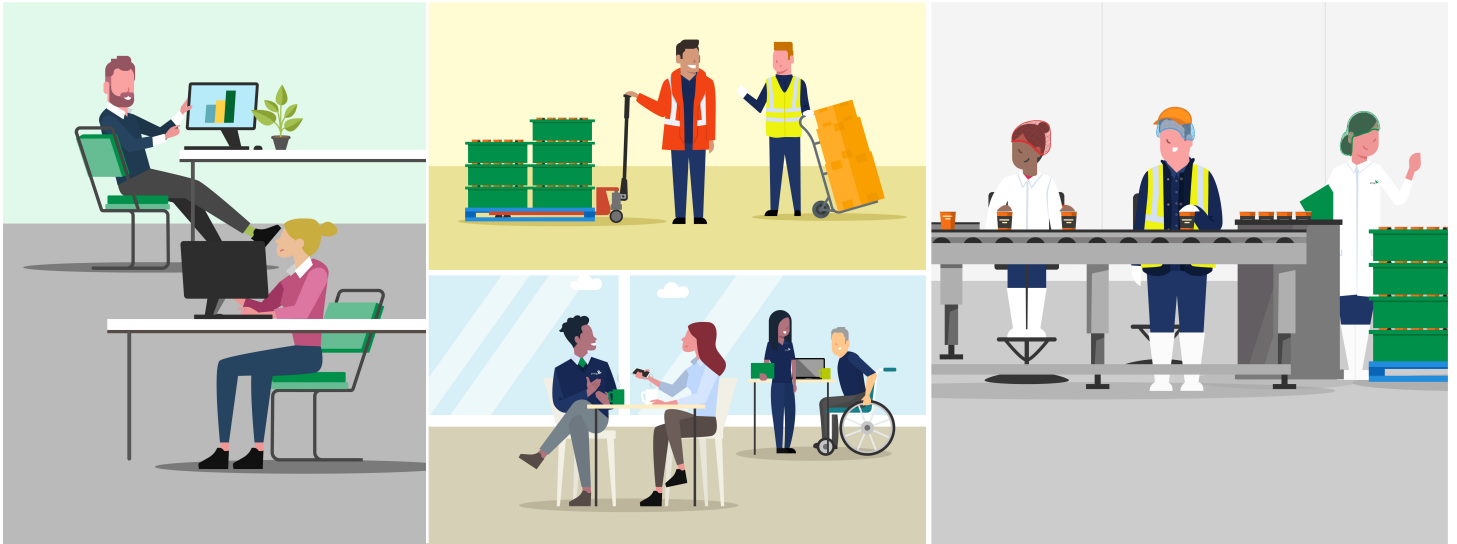
Soups
Salads
Deli Pots



Spot The Difference



There are 8 differences between these two pictures, how quickly can you circle them all?





Recipes



Ingredients

You will need:

200g Butter (at room temperature)

200g caster sugar

1 egg

400g plain flour

To decorate (optional):

250g royal icing sugar

Food colourings

Easter Egg Biscuits

Instructions:

1. Put the butter and caster sugar in a large mixing bowl and with a wooden spoon beat until fully mixed and light and fluffy.
 2. Beat in the egg until fully mixed and then slowly add in the plain flour.
 3. Using your hands, bring the mixture together so that it forms a stiff dough. Roll into a ball and chill in the fridge for 30 minutes.
 4. Heat the oven to 180c/Gas 4/Fan 160C.
 5. Roll out the dough on a lightly floured surface until the thickness of a £1 coin.
 6. Using an oval cookie cutter or an egg shaped template made of cardboard, cut out egg shaped cookies, and then using the rolled out trimmings make the remainder.
 7. Place on baking trays and put in the oven for 6-10 minutes (depending on size) until golden.
 8. Leave to cool for 5 minutes before taking off the baking tray and then allow to cool fully.
 9. For decoration, make up the icing following the instructions on the packet. Split between 3 - 4 bowls and add some food colouring to each bowl. Then use any sprinkles or toppings you have!
- Place the mixture into piping bags and decorate as desired.

If the icing doesn't appeal, you can always use the shop bought icing in little tubes so you can decorate however you like!





Chocolate Easter Egg Nests

Instructions:

1. Line a 12-hole fairy cake tin with paper cases.
2. Melt the chocolate, golden syrup and butter in a bowl and set over a saucepan of gently simmering water (do not let the base of the bowl touch the water). Stir the mixture until smooth.
3. Remove the bowl from the heat and gently stir in the cornflakes until all of the cereal is coated in the chocolate.
4. Divide the mixture between the paper cases and press 3 chocolate eggs into the centre of each nest. Chill in the fridge for 1 hour, or until completely set.



Ingredients

You will need:

225g/8oz plain chocolate,
broken into pieces

2 tbsp golden syrup

50g/2oz butter

75g/2¾oz cornflakes

36 mini chocolate eggs



Craft Projects

Homemade Playdough



What you need:

- 2 cups of flour, plus extra for dusting your board
- 1 cup of salt
- 2 cups of warm water
- Food colouring
- 2 tbsps vegetable oil
- 2 mixing bowls
- Wooden chopping board
- Wooden spoon



Method:

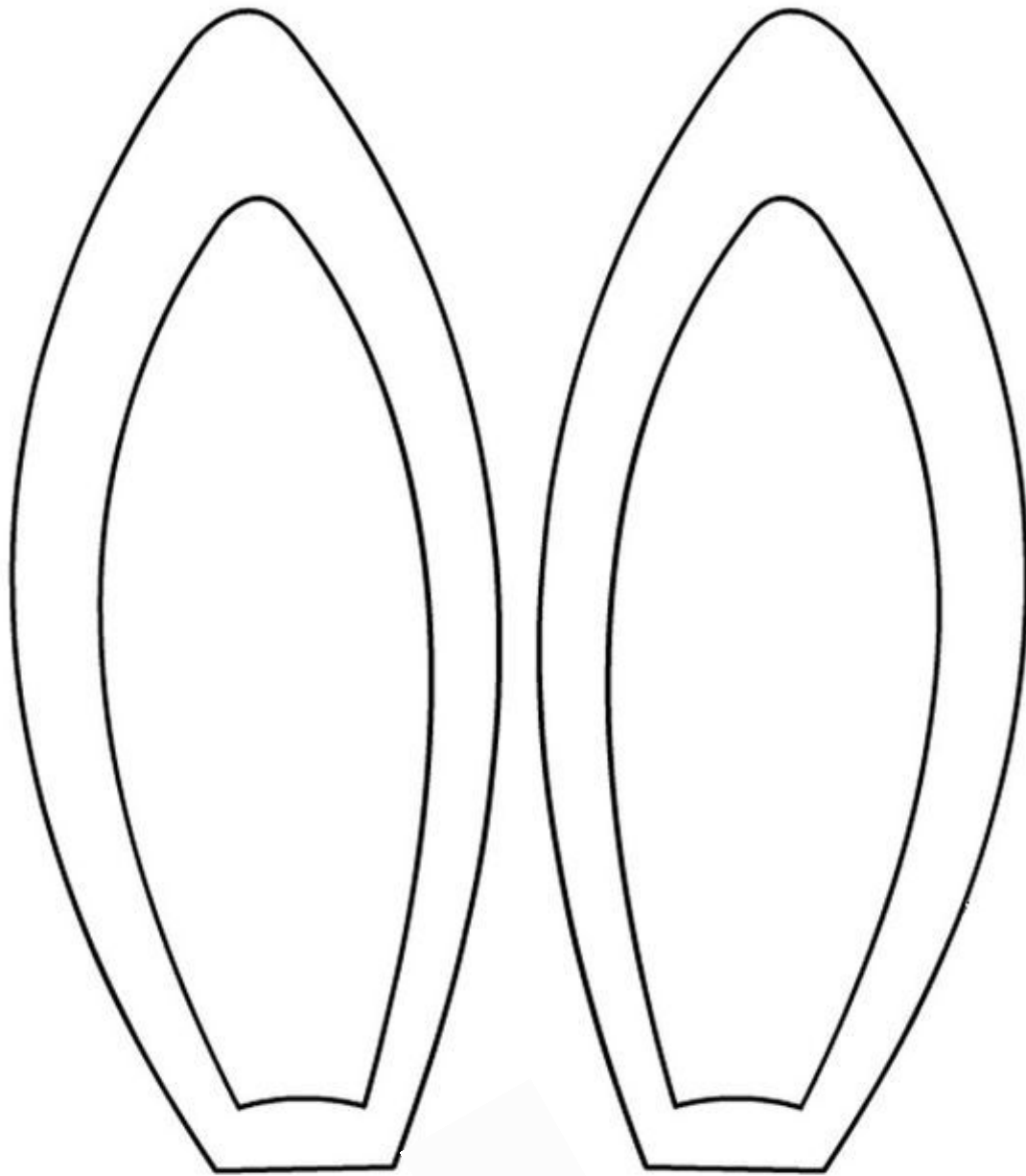
1. Mix together the flour and salt in one bowl, and the water, oil and a few drops of food colouring in the other bowl
2. Pour the oil, water and food colouring mix into the bowl with the flour. Use a wooden spoon to mix together
3. Dust your wooden chopping board with flour. Place the dough mix on top and knead for a few minutes until smooth and pliable.
4. Leave to cool completely and then your homemade playdough is ready for little hands! Store in the fridge in an airtight container to keep fresh.





Decorate your own Easter ears!

Cut the below bunny ears template, decorate them and stick them to a headband for your own bunny ears to wear over Easter! You could decorate them with anything you have in the cupboard! From cotton wool to glitter and everything in between!





Websites

For Learning:

English: Literacy Shed Educational reading materials for all ages <https://www.literacyshedplus.com/>

Maths: Educational website called The Maths Factor with presenter and mathematician Carol Vorderman
themathsfactor.com/

Phonics: Online Phonics Games
<https://www.phonicsplay.co.uk/>

History: 'The History Guy' Dan Snow is live on YouTube with 'History Hit' at 4pm daily
<https://www.youtube.com/watch?v=ozxBEBCJH2s>

Music: Live with musician Myleene Klass teaching music at 10am Mon-Fri <https://www.youtube.com/channel/UCQh2wgJ5tOrixYBnGjFXsXQ/>

Primary School Resources: Twinkl has resources for all ages and subjects to download and/or print
<https://www.twinkl.co.uk/>

Special Educational Needs lessons: Learning activities for children with SEN <https://senresourcesblog.com/2020/03/16/weve-launched-home-learning-videos-on-youtube-to-help-if-schools-close-due-to-coronavirus>



Websites

For Keeping Busy and Active:

Physical Education: Live PE Lessons with fitness coach Joe Wicks at 9am Monday - Friday
<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Edinburgh Zoo Live Webcams: Live footage of animals, plus feeding demos <https://www.edinburghzoo.org.uk/webcams/panda-cam/>

Scouts The Great Indoors: Scouts UK are providing resources and ideas for activities you can do indoors – keep checking the website as they regularly upload
<https://www.scouts.org.uk/the-great-indoors/>

Story Time: Listen to extracts from David Walliams' books read by him at 11am everyday
<https://www.worldofdavidwalliams.com/elevenses/>

Dance: A daily dance workout with dancer Darcey Bussell at 1:30pm daily <https://www.facebook.com/diversedancemix/>

Educational Gaming: BrainPOP makes learning fun through games and videos
<https://www.brainpop.com/>

Arts & Crafts: The Queen has launched 'Crafty Mondays' on the Royal Families Twitter Page, sharing fun art ideas to try at home
<https://twitter.com/RoyalFamily/>